

# Harvest Joy This Autumn Season

*Take a few moments to answer the questions below.*

Are you a joy giver? How do you like to share joy with others?

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Are there joy snatchers? Are there nay-sayers, challenges, doubts or fears that distract you from God's promises of joy? Write them down and release them from your heart garden to grow new and abundant joyous blessings.

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Are you a joy receiver? How has God blessed your day with joy? Who is a joy influencer in your life?

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What creative activity gives you joy? Walking, gardening, cooking, writing, drawing, reading?

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